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**COOK'S  
CALENDAR**

**STEP ON IT**

Hands-on food and wine experiences are all the rage. But are we ready for feet-on? Two wineries have grape-stomping events coming up this month during vintage. The first is this Saturday at Angas Plains cellar door in Langhorne Creek. Lunch, grapes to jump on and wine tastings are \$55; bookings essential on 8537 3159. And Bird in Hand winery, in the Adelaide Hills, has prizes for those who can extract the most juice by stomping on shiraz grapes on Sunday, March 28. Lunch is about \$12, bookings essential on 8389 9488 .

**KITCHEN GARDEN**

Three of Australia's great advocates of fresh, seasonal food will help raise money to establish a kitchen garden in the Adelaide Botanic Gardens. Simon Bryant, Stephanie Alexander and Maggie Beer will combine for "The Home Grown Gala Dinner - A Food and Wine Journey through South Australia" at the Hilton Adelaide on Thursday, April 29. Tickets \$200. Book 8222 9347 or visit [www.abgf.org](http://www.abgf.org)

